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Mononucleosis infecciosa pdf gpc

Epstein-Barr virus, or EBV, is one of the most common human viruses in the world. It spreads mainly through saliva. EBV can cause infectious mononucleosis, also called mono, and other diseases. Most people will become infected with EBV in their lifetime and will have no symptoms. Mono caused by EBV is most common in teens and adults. While recovery is usually complete, complications can be very serious. Neurological complications are uncommon, but include encephalitis, seizures, Guillain-Barré syndrome, peripheral neuropathy, viral meningitis, myelitis, cranial nerve paralysis and psychosis. Encephalitis can manifest itself with cerebellary dysfunction or be widespread and rapidly progressive, similar to herpes simplex encephalitis, although it is generally self-limiting. Hematological complications are usually self-limiting. Include in about 50% of patients occur granulocytopenia or mild transient thrombocytopenia; the most severe cases, associated with bacterial infection or bleeding, are less common. Hemolytic anemia is usually the result of the presence of cryoglobulin antibodies with anti-i specificity. Rupture of the spleen can lead to serious complications. This can be secondary to splenomegaly and capsular edema, which occur up to between 10 and 21 days after symptoms. Only 50% of patients identify a history of trauma. Fracture usually causes pain, but sometimes produces only painless hypotension. For treatment, see Spleen injury : Treatment. Sometimes respiratory complications are due to blockage of the upper respiratory tract by pharyngeal or paratracheal adenopathies and can respond to corticosteroid administration. Subclinical interstitial pulmonary infiltrates are usually found in children and are usually seen on X-ray. Liver complications manifest themselves with increased concentration of aminotransferase (about 2 to 3 times normal value, with normalization in 3 to 4 weeks) and are found in about 95% of cases. If the patient has more significant jaundice or increase in enzymes, other causes of hepatitis should be sought. Fulminant EBV infection occurs sporadically, but can be found in several family members, especially X-linked lymph syndrome. Patients who survive the primary BV infection have a high risk of developing agammaglobulinemia or lymphoma. Medicine is the queen of all professions. No one else brings you closer to the human essence, no one else shows you the best and the worst of man. So necessary that we are born to one doctor and we may die close to another. No art or science is made as beautiful and complete as medicine. Sometimes from relieving pain, a few others come to heal and restore health, but always try to guide and comfort that sick person who falls into the hands of the doctor. Being a doctor requires different skills: determination, firmness, courage, tolerance, perseverance, dedication, discipline, sensitivity and thousands more – something you don't often find. I have come to the conclusion that all of us who are in the dark and seductive art of doing medicine do not choose, but choose this one for us. Because if we knew we were going to give up life in the hospital, in the office, in class, very few people would be crazy. Medicine is a jealous bride who asks for everything, but just as she asks, she also knows how to give. HAPPY DOCTOR'S DAY. You are here: other names: Kissing disease, Mononucleosis Although the recovery is usually complete, complications can be very serious. Neurological complications are uncommon, but include encephalitis, seizures, Guillain-Barré syndrome, peripheral neuropathy, viral meningitis, myelitis, cranial nerve paralysis and psychosis. Encephalitis can manifest itself with cerebellary dysfunction or be widespread and rapidly progressive, similar to herpes simplex encephalitis, although it is generally self-limiting. Hematological complications are usually self-limiting. Include in about 50% of patients occur granulocytopenia or mild transient thrombocytopenia; the most severe cases, associated with bacterial infection or bleeding, are less common. Hemolytic anemia is usually the

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If the patient has more significant jaundice or increase in enzymes, other causes of hepatitis should be sought. Fulminant EBV infection occurs sporadically, but can be found in several family members, particularly lymph syndrome X. Patients who survive the primary BV infection have a high risk of developing agammaglobulinemia or lymphoma. Medicine is the queen of all professions. No one else brings you closer to the human essence, no one else shows you the best and the worst of man. So necessary that we are born to one doctor and we may die close to another. No art or science is made as beautiful and complete as medicine. Sometimes able to relieve pain, a few others come to heal and restore health, but always try to guide and comfort the sick person who falls into the hands of the doctor. Being a doctor requires different skills: determination, firmness, courage, tolerance, perseverance, dedication, discipline, sensitivity and thousands more – something you don't often find. I have come to the conclusion that all of us who are in the dark and seductive art of doing medicine do not choose, but choose this one for us. Because if we knew we were going to give up life in the hospital, in the office, in class, very few people would be crazy. Medicine is a jealous bride who asks for everything, but just as she asks, she also knows how to give. HAPPY DOCTOR'S DAY. Infectious mononucleosis is one of the diseases that occurs from a virus. Although pronouncing the name is usually somewhat complicated, we will give you fairly simple and very accurate information about this disease here. So you can't miss this valuable information. What is contagious mononucleosis? Infectious mononucleosis or popularly known as kissing disease is caused by a virus associated with the herpes family. Called Epstein-Barr, the infectious mononucleosis is also associated with another virus called cytomegalovirus, but cases with cytomegalovirus are isolated. While it may seem like a lie, many of us have come to have this virus and we have not known it. Because we may have confused your symptoms with flu, colds or passenger symptoms. This disease mainly affects adolescents and the elderly. Find out what mononucleosis is with a simple and practical explanation: What are the symptoms of infectious mononucleosis? Symptoms at first do not appear very easily and do not appear severe. It is with the passing of days that discomfort is evident in our body. The first few days we usually think it's a flu, allergic or something that doesn't need much attention, but when the symptoms we mention below usually get worse, that's when we warn and seek medical attention, these symptoms are: Fatigue or fatigue. Physical exhaustion is easy to see. Fever for several days. Inflammation of lymph nodes. Increases liver size. With red red almonds covered with secretion or pus. How the symptoms of infectious in a way that We show you in the following video: Diagnosis of infectious mononucleosis You must first have some of the above mentioned symptoms to raise suspicions that there is a possibility of attracting the mononucleosis virus. Professional medical care should then be asked to make a deeper assessment of how the person feels and to be able to perform a series of procedures. A test is done to see the number of leukocytes (white blood cells), which indicate if there are changes at the blood level. Transaminases are also monitored because nearly half of people who have infectious mononucleosis tend to increase these values. The most accurate way to know if you are in the presence of the virus responsible for causing this disease is through a serological study that detects the presence of antibodies. The importance of medical evaluation is also relevant, as these symptoms occur in other diseases and early diagnosis should be given to treat the patient as soon as possible. How is infectious mononucleosis spread? It is a disease that is transmitted by oral secretions, i.e. by saliva. Although some studies have ruled that the infection is not as direct, others claim it is. When we kiss our partner, colds and coughs or sneezes and do not cover our mouth, there is an increased risk of spreading the virus (of course from an infected person to a healthy person). Also, when you share cutlery, straws, you take the same glass or if you use the same toothbrush of the person who has the virus, chances are we are at risk of the disease. Take the right preventive measures and find out how infectious mononucleosis spreads: Infectious mononucleosis in children Although it has been confirmed that children are less likely to have infectious mononucleosis, they do not escape the discomfort it causes. Most of the symptoms they have tend to be confused with other viral diseases such as flu. When they are confirmed to have the virus they should be careful with their tonsils because they need to avoid becoming infected and pus coming out. Children should also be monitored to stay well hydrated, to fight infection. If you have a sore throat, check your food, which should preferably be soft and avoid those that are salty and spicy. Treatment of infectious mononucleosis No specific treatment has been established for infectious mononucleosis, only doctors are best suited to recommend certain standards to follow, so that the patient does not feel so run down. Look at these treatments for infectious mononucleosis that will help you a lot: If one of the symptoms that affects the patient the most is fatigue, that's why it the following guidelines: Absolute rest. The patient should stay in bed because fatigue makes it difficult for him to perform his daily activities and will tend to tire faster. You should be well hydrated to eliminate fever and sore throat that occur during the disease. For sore throat it is recommended to gargle salt water. If muscle pain is increased, it is recommended to take commonly used painkillers. When the disease is combined with another type of infection, antibiotic intake is necessary, this is only under medical supervision. Although it is a disease that can last for months, it should be taken into account whether the patient is improving or whether the severity of symptoms is increased. Therefore, it is important for a doctor to follow up the disease until you feel that you no longer have it and the patient can finish his rest period to resume their daily work. You are interested in the following articles: Click on the star to rate the post Final Results 3/5. Votes counted 11 11

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